



TECO DIAGNOSTICS

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CHOLESTEROL REAGENT SET (PHENOL FREE)

INTENDED USE

For the quantitative determination of total cholesterol in human serum.

INTRODUCTION

Cholesterol is a fatty substance found in blood, bile, and brain tissue. It serves as a precursor to bile acids, steroids, and vitamin D. The determination of serum cholesterol is a major aid in the diagnosis and classification of lipemias.¹ Other conditions such as hepatic thyroid diseases influence cholesterol levels.²

Enzymatic methods have replaced older methodologies involving cholesterol esterase, oxidase, and trinders color system. Allain et al. developed a total enzymatic technique in which hydrogen peroxide during the oxidation of cholesterol is used in conjunction with peroxidase, 4-aminoantipyrine, and phenol to form a quinoneimine dye.³ This reagent employs p-hydroxy benzene sulfonic acid (p-HBS), in place of phenol to produce a quinoneimine dye with greater absorbance at 520nm and a surfactant to facilitate the completion of reaction.

PRINCIPLE

The enzymatic reaction sequence employed in the assay of cholesterol is as follows:

Cholesterol Esters $\xrightarrow{\text{C. Esterase}}$ Cholesterol + Fatty Acids

Cholesterol + O₂ $\xrightarrow{\text{C. Oxidase}}$ Cholesten-3-one + H₂O₂

2 H₂O₂ + 4-Aminoantipyrine

+ p-HBS $\xrightarrow{\text{H.Peroxidase}}$ Quinoneimine + 2 H₂O
(red dye)

Cholesterol esters are hydrolyzed to produce cholesterol. Hydrogen peroxide is then produced from the oxidation of cholesterol-by-cholesterol oxidase. In a coupled reaction catalyzed by peroxidase, quinoneimine dye colored red is formed from 4-aminoantipyrine, p-HBS, and hydrogen peroxide. The absorption at 520 nm of the solution of this dye is proportional to the concentration of cholesterol in the sample.

REAGENT COMPOSITION

When reconstituted as directed, the reagent for Cholesterol contains the following:

- Cholesterol Reagent:**
(Concentrations refer to the reconstituted reagent.) 4-Aminoantipyrine 0.6mM, Sodium Cholate 8.0mM, Cholesterol Esterase > 150 U/L, Cholesterol Oxidase > 200U/L, Horseradish Peroxidase > 1500U/L, p-Hydroxy benzene sulfonate 20mM, Buffer 125mM, pH 6.8, non-reactive stabilizers, and fillers.
- Cholesterol Standard:**
200mg/dl cholesterol in alcohol.
Store at 2 - 8° C and keep tightly capped.

WARNINGS AND PRECAUTIONS

- For *in vitro* diagnostic use. **Caution:** Pipetting by mouth is not recommended for any laboratory reagent.

- Specimens should be considered infectious and handled appropriately.
- Use distilled or deionized water where indicated.

STORAGE AND STABILITY

Store the reagent set at refrigerator temperature (2 - 8°C). Store the reconstituted reagent at refrigerator temperature (2 - 8°C). The reconstituted reagent is stable for sixty days (60) when stored in an amber bottle at 2 - 8°C.⁴

REAGENT DETERIORATION

The reagent should be discarded if:

- Turbidity has occurred; turbidity may be a sign of contamination.
- Moisture has penetrated the vial and caking has occurred.
- The reagent fails to meet linearity claims or fails to recover control values in the stated range.

SPECIMEN COLLECTION

- Test specimens should be serum and free from hemolysis.
- Cholesterol in serum is reported stable for seven days (7) at room temperature (18 - 30°C) and six months (6) when frozen and properly protected against evaporation.

INTERFERING SUBSTANCES

Anticoagulants such as fluoride and oxalate will result in false low values.⁵ The test is not influenced by hemoglobin values up to 200 mg/dl or by bilirubin levels up to 10 mg/dl. Interference from grossly icteric and heavily hemolyzed specimens is correctible by use of a serum/plasma blank.

MATERIALS REQUIRED BUT NOT PROVIDED

- Spectrophotometer capable of measuring absorbances at 520 nm.
- Test tubes and rack.
- Accurate pipetting/measuring devices.
- Timer.
- Heating block (37°C).

GENERAL INSTRUCTIONS

The reagent for Cholesterol is intended for use either as an automated procedure on chemistry instruments or as a manual procedure on a suitable spectrophotometer.

PROCEDURE (AUTOMATED)

Consult the appropriate instrument application guide available from Teco.

PROCEDURE (MANUAL)

- Prepare reagent according to instructions on vial label.
- Label test tubes: blank, standard, control, patient, etc.
- Pipette 1.0 ml of reagent to all tubes and pre-warm at 37°C for at least two (2) minutes.
- Add 0.01 ml (10 µl) of sample to respective tubes, mix, and return to 37°C
- Incubate all tubes at 37°C for ten (10) minutes.
- Zero spectrophotometer with the reagent blank at 520 nm. (Wavelength range: 500-550 nm).
- Read and record absorbances of all tubes.

* TC - MULTI PURPOSE CALIBRATOR MAY BE USED TO REPLACE STANDARD.

NOTE: If the spectrophotometer being used requires a final volume greater than 1.0 ml for accurate reading, use 0.025 ml (25 µl) of sample to 3.0 ml of reagent. Perform the test as described above.

PROCEDURAL LIMITATIONS

The reagent is linear to 500 mg/dl.

1. Samples with values above 500 mg/dl should be diluted 1:1 with isotonic saline and re-run. Multiply final results by two (2).
2. Grossly lipemic serums require a "sample blank." Add 0.02 ml (20 µl) of sample to 2.5 ml saline, mix, and read the absorbance against water. Subtract this value from the patient absorbance to obtain the corrected reading.

CALCULATIONS

(A= Absorbance)

$$\frac{A(\text{patient})}{A(\text{standard})} \times \text{Concentration of standard (mg/dl)} = \text{Concentration of patient (mg/dl)}$$

Example:

A (patient) = 0.40, A (standard) = 0.32,
Concentration of standard = 200 mg/dl.

$$\frac{0.40}{0.32} \times 200 = 250 \text{ mg/dl}$$

QUALITY CONTROL

It is recommended that controls be included in each set of assays. Commercially available control material with established cholesterol values may be used for quality control. The assigned value of the control material must be confirmed by the chosen application. Failure to obtain the proper range of values in the assay of control material may indicate reagent deterioration, instrument malfunction, or procedural errors.

EXPECTED VALUES⁶

It is strongly recommended that each laboratory establish its own normal range.

RISK CLASSIFICATION

TOTAL CHOLESTEROL
IN BLOOD (mg/dl)

Desirable	< 200
Borderline	200-239
High	≥ 240

PERFORMANCE CHARACTERISTICS

1. Linearity: 500 mg/dl.
2. Comparison: A comparison between this procedure and one utilizing phenol free produced a regression equation of Y = 0.95X + 10.3 with a coefficient of correlation of 0.98.
3. Precision:

Within Run

<u>Mean (mg/dl)</u>	<u>S.D.</u>	<u>C.V.(%)</u>
127	3.6	2.8
330	4.9	1.4

Run to Run

<u>Mean (mg/dl)</u>	<u>S.D.</u>	<u>C.V.(%)</u>
130	4.7	3.6
324	8.2	2.5

4. Specificity: Cholesterol Oxidase is not totally specific for cholesterol. Other analogs of cholesterol (dihydrocholesterol, 7-dehydrocholesterol, 20 hydroxycholesterol, etc.) are also oxidized. These analogs do not normally occur in any appreciable amounts in serum.

REFERENCES

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2. Holvey, D.N., ed. *The Merck Manual of Diagnosis and Therapy*. Merck and Co., Inc. Rahway, NJ (1972).
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